

STRONG SISTER STATUS: BECOMING A PROVERBS 31 WOMAN (Part 3)

- Proverbs 31 is a poem written by King Lemuel, whose identity outside of being king, is shrouded in mystery. His writings are based on words of advice given to him by his Mother.
- In Proverbs 31, the Mother is describing characteristics of a virtuous woman, so that Lemuel could recognize her when he saw her.
- The word virtuous is the word chagil in Hebrew and it means:
 - Strength
 - Substance
 - Ability
 - Efficiency
- Strong Sister status is achieved:

I. HONORS GOD

II. HARDWORKING

III. ENCOURAGES OTHERS

IV. PRACTICES GENEROSITY

V. _____

- _____
- This 16th verse lets us know that the Strong Sister status woman _____ . She ...
 - _____
 - _____
 - _____

- _____
- _____
- _____
- _____

VI. _____

- _____
- The lack of preparation will lead to more _____.
- The Proverbs 31 woman is prepared and ready for the _____. She has the _____ to prepare _____ before the rain falls.
- Preparation involves being ready for both the _____ events of life.

VII. _____

- _____
- While it is quite clear that the Proverbs 31 woman helps take care of others, she is also _____ in her personal _____. She takes care of her _____.
- There are those who seem to believe and teach that it's somehow holy to neglect your own health, in the name of service; but all that does is make one unhealthy and _____ to the point that does not allow _____.
- The Strong Sister status woman does not neglect her physical health:
 - _____
 - _____
 - _____